



North Star Community School
March 2023
This month's Character Trait is "Integrity"
"Debwewin"

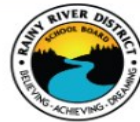


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SEE YOU SOON!
KINDERGARTEN
REGISTRATION WEEK
March 27 - March 31



Conseil scolaire
de district catholique des
Aurores boréales.ca



We can't wait to see you for Kindergarten Registration Week 2023!

Your regional school boards have teamed up to offer families Kindergarten Registration Week, happening March 27 – March 31. During this special week, families can visit Open House events, tour schools, meet educators and learn about Kindergarten.

If your child was born in 2019, they can start school in September 2023.

Although schools accept new registrations anytime, Kindergarten Registration Week is a wonderful opportunity to learn more about your neighbourhood elementary schools, programs and to register for school in the fall.

Watch for more information in the next few weeks.

Mental Health Memo Students Learn About and Support Mental Health



Students from across the Rainy River District School Board are volunteering to be Mental Health Champions within their schools. These students are passionate about mental health and well-being and are taking on a leadership role to promote mental health initiatives and a positive school climate.

Student champions are learning:

- the importance of having healthy habits to maintain their mental health
- what healthy strategies help support mental health and when to use them
- how to know when a friend or loved one might be having a mental health issue
- their role and how to care for themselves when helping others who might need mental health support
- when to seek help from a trusted adult
- to identify words that can cause stigma
- about actions they can take to reduce and prevent stigma around mental illness

Students deserve a say in their mental health learning and support. The champions are looking forward to engaging their peers with activities, events, posters, announcements, social media postings etc. to support student mental health and well-being!

Parents, caregivers, and families can learn more about mental health and mental illness here: <https://www.youtube.com/watch?v=qLBuciJFlrg>

For more information, please contact the RRDSB Mentalealth Leader: tracey.idle@rrdsb.com

IMPORTANT DATES

March 3	PJ & Positivity Day
March 9	Winter Playday & Great Big Crunch @ 1:30 p.m.
March 10	Spirit Day - Wear Green & Gold
March 13 - 17	March Break
March 24	Spirit Day - Wear your comfy/cozy clothes to school
March 27- 31	2023- 2024 Kindergarten Registration

Home and School Connection:

Report cards were sent home Tuesday , February 21st. If you have any concerns or questions regarding your child's progress, please feel free to call the school at 597-6640 to speak with their teacher.





RAINY RIVER DISTRICT TRANSPORTATION SERVICES CONSORTIUM

522 Second St E, Fort Frances, ON P9A 1N4
Phone 807-274-6664 | Fax 807-275-4975

WINTER SAFETY TIPS

- ❄️ Dress appropriately for cold weather and wear heavy jackets, hats, mittens or gloves, boots and face coverings. Avoid clothes and bags with drawstrings as they could get caught and cause a fall and can also be a choking hazard.
- ❄️ Stay a safe distance from the bus until it comes to a complete stop.
- ❄️ Do not play on snow piles at the bus stop - you could slide out onto the street.
- ❄️ Use the handrail when boarding and exiting the bus to prevent slips and falls on icy steps.